# WHO IS CORNERSTONE OF HOPE?

We are a growing non-profit who has provided free and sliding scale grief services in Columbus since mid-2011. We were founded in 2003 in Cleveland, Ohio by Mark & Christi Tripodi following the sudden death of their three year old son, Bobby.

### WHO DO WE **SERVE?**

We serve any children, teens, adults and/or families who require support navigating their grief journey after the loss of a loved one. Individual counseling is available at an affordable, per session rate and grief support groups are provided free of charge.

### WHAT SERVICES DO WE **PROVIDE?**

Individual and group grief counseling, in-school grief support groups, bereavement resources, family workshops and annual memorial events.

## WHY ARE OUR SERVICES **IMPORTANT** TO COLUMBUS?

- We provide free and sliding fee scale, licensed individual grief support in Columbus, tailoring our services for all types of grief (sudden, traumatic, accidental), not just terminal illness.
- We provide in-school grief support groups in Columbus.



Bobby Tripodi

"Grief is not a disorder, a disease or a sign of weakness. It is an emotional, physical and spiritual necessity, the price you pay for love. The only cure for grief is to grieve."

-Dr. Earl A. Grollman



A CENTER FOR GRIEVING CHILDREN, TEENS AND ADULTS

# OFFERING HOPE TO THOSE WHO GRIEVE.

#### **OUR MISSION**

Cornerstone of Hope is dedicated to providing support, education and hope for the grieving.

- INDIVIDUAL COUNSELING: Cornerstone of Hope offers individual counseling to children, teens and adults who need support after the loss of a loved one. These sessions are offered on a sliding scale basis.
- GROUP COUNSELING: Our eight to ten week long group counseling sessions are offered for children, teens and adults throughout the year. These free programs are designed to assist individuals coping with the difficult emotions associated with losing a loved one.
- IN-SCHOOL GROUP COUNSELING: Cornerstone of Hope partners with area schools to provide assistance to school counselors in supporting children and teens dealing with grief. This free eight week long program meets weekly and is offered once a quarter throughout the school year based on need and staff availability.

- SCHOOL CRISIS RESPONSE TEAM: The school
  counselors who complete this training will be better
  able to assist their own district as well as neighboring
  districts with situations including crisis in schools,
  student or teacher deaths, or other traumatic events
  in the community.
- ANNUAL MEMORIAL EVENTS: Each year Cornerstone
   of Hope provides the central Ohio grieving population
   the opportunity to honor their loved ones through
   events such as our Ornament Workshop, Candlelight
   Service and other Memorial Events.







To learn more about our programs or to take a virtual tour, please visit cornerstoneofhope.org

